



RESIDENT RESOURCE GUIDE

Please note that this guide is meant to be a starting point for you should you be looking for resources in your area; it does not include all services that exist.

Should you have questions or need further assistance, do not hesitate to contact the Alliance Asset Management Resident Services Coordinator.

PROPERTY: NEWFOUND RIVER APARTMENTS

MAINTENANCE CONTACT: (603) 223-0810 *(after hours answered by a service)*

PROPERTY MANAGER CONTACT: Peter Lotman- (603) 223-0810

RESIDENT SERVICES COORDINATOR CONTACT: Brooke Noonan- (603) 715-8562



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What is the difference between a Resident Services Coordinator and a Property Manager?



RSC assist residents with:

- Making healthy choices
- Maintaining tenancy
- Accessing resources & supports

Property Manager

Maintains the property

Enforces the lease

Responds to resident complaints



Area agencies and programs

Child Care, After-School and Youth Services

- *Tapply-Thompson Community Center hosts a number of youth activities, contact at (603) 744-2713 for assistance and questions.*
- *Project Promise After school programs take place on site at child's school. Speak to school guidance counselor for more information.*
- *Piggy Back Rides & Slippery Slides Child Care Center cares for children 6 weeks to 8 years old. Contact (603) 744-9448 for more information.*

Department of Children, Youth and Families

DCYF services to Bristol, NH are managed out of the Laconia district office

- *For assistance or questions contact (800) 852-3345; to report abuse or neglect contact (800) 894-5533*

Bureau of Developmental Services

BDS services to Bristol, NH are in Region III and managed in the Lakes Region catchment area by designated agency Lakes Region Community Services

- *For BDS assistance or questions contact (800) 852-3345 ext.5034*
- *Lakes Region Community Services agency (603) 524-8811*

Family Assistance (emergency assistance) – including Medicaid, cash assistance, and

Food stamp information

Family assistance services delivered by NH Dept. of Health & Human Services for Bristol, NH are managed out of Laconia district office

- *In-person office hours are M-F 8:00a-4:00p at the Laconia office and phone is (603) 524-4485 or (800) 322-2121*

Employment Services – job training, job seeking, job retention

Employment services delivered by NH Dept. of Health & Human Services for Bristol, NH are managed out of the Laconia district office, i.e. NHEP

- *In-person office hours are M-F 8:00a-4:00p at the Laconia office and phone is (800) 322-2121*

Employment services delivered by NH Employment Security for Bristol, NH are managed out of the Laconia office at 426 Union Avenue Suite 3

- *NH Employment Security office hours are M-F 8:00a-4:30p and phone is (603) 524-3960*

English as a Second Language

There are two agencies providing classes to improve speaking, listening, reading, and writing of English for people whose first language is not English

- *Ascentria, call Amy Marchildon at (603) 224-8111*
- *Second Start, call Joanne Deldeo at (603) 228-1342 ext. 4205*

Financial Services – how to budget and maintain a bank account; credit

Services; taxes and financial planning; money managers; rep payees

- *HOMETeam is a collaborative program of NeighborWorks of Southern NH, Concord Area Trust for Community Housing, and Laconia Area Land Trust that hosts a year-round calendar of education opportunities regarding finances. Best to reach via their website at <http://www.hometeamnh.org/contact-us/>.*
- *Many local banks, such as Franklin Savings Bank and Meredith Village Savings Bank offer homebuyer education, finance management, and small business start-up education options. Contact an area location for more information.*
- *Representative Payee budgets client's money and disburses the funds to pay for current living needs including housing, utilities, food, medical expenses, personal care and clothing. Any funds left over after meeting the client's current needs are kept in an interest-bearing account for future needs. A “rep payee” can be self-selected by an individual or services can be arranged with an agency.*

Contact Tri-County CAP at (603)224-0805 for assistance or questions.

Higher education and GED

- *Pemi-Baker Literacy in Plymouth, NH offers Adult Basic Education, English as Second Language, Basic Computer skill and HiSET (formally GED) Test Site; contact at (603) 536-2998*
- *Clinical Career Training LLC-Nurse Assistant & Medication Nurse Assistant Training Bristol, NH contact at (603)744-6766 or (800)603-3320*

Independent Living services and home care

- *Granite State Independent Living is a nonprofit promoting life with independence for seniors and people with disabilities through Home Care, Disability Services and Employment Services. Contact (800) 826-3700 for assistance and questions.*

- *Newfound Area Nursing Association is a non-profit, independent Home Care agency providing in home care for skilled nursing, therapies, hospice, and medical social worker. Contact (603) 744-2733 for assistance and questions.*
- *Home Care Association of NH offers individuals information about home health options and resources to connect them to home care agencies in their communities. Contact (800) 639-1949 for assistance and questions.*

Social security administration

- *The nearest SSA office to Bristol is Concord Social Security Administration office located at 70 Commercial Street, Concord and hours vary. Contact 1-888-397-9798 for information.*

Visiting nurse

- *Newfound Area Nursing Association is a non-profit, independent Home Care agency providing in home care for skilled nursing, therapies, hospice, and medical social worker. Contact (603) 744-2733 for assistance and questions.*

WIC program

- *Apply for Women, Infants, and Children program at Bristol Area Center of the Tri-County Community Action Program at 15 Church Street. Office hours M-F 8:30a-4:30p, phone (800) 578-2050.*

Civic and Religious organizations in your community

Churches, synagogues, temples, congregations

- *Our Lady of Grace Catholic Chapel, 17 W. Shore Road, Bristol (603) 744-2700*
- *Bristol Baptist Church, 30 Summer Street, Bristol (603) 744-3885*
- *Bristol United Church of Christ, 15 Church Street, Bristol (603) 744-8132*
- *New Hampton Community Church, 14 Church Lane, New Hampton (603) 744-8252*
- *Kingdom Hall of Jehovah Witnesses, Dick Brown Rd., Bristol (603) 744-9981*
- *Temple B’Nai Israel, 210 Court St., Laconia (603) 524-7044*

Community Development Corporations and civic associations

- *Look up Lions Club <http://bristol.nhlions.org/> for information and details*
- *Plymouth Elks Lodge #2312, 1159 NH Route 175, Holderness (603) 536-9894*
- *Franklin Elks Lodge #1280, S. Main Street in 2018. Contact (603) 934-3661*
- *Masonic Lodge is located at Union Street, Bristol Contact (603) 554-1723*
- *American Legion/VFW Post 10640, 30 Hillside Ave., Bristol (603) 744-3144*

Community organizations, such as New American Africans, that serve particular Linguistic, racial or ethnic minorities

- *New American Africans is an area non-profit designed to strengthen and sustain immigrants by gathering for mutual support and education, promoting leadership development and sharing values and culture that will enrich the broader community. They are located in Concord NH and can be contacted via their website at <https://newamericanafricansnh.org/contact/>.*
- *Catholic Charities of NH operates NH Immigration & Refugee Services (you do not need to be Catholic) welcomes newcomers and provides casework, support and guidance for various immigration-related issues. Contact (603) 889-9431 for assistance and questions.*
- *Ascentria care alliance offers the Services for New Americans programming out of their Concord NH office and they can be contacted (603) 224-3011.*
- *Immigrant Integration of the Partnership for Public Health operates in Laconia area; contact Kate Bruchacova at (603) 528-2145.*

Merchants and Vendors

Area shopping

- *Cumberland Farms, 25 Pleasant St. Open 24 hours, (603) 744-5610*
- *Family Dollar, 545 Pleasant St., (603) 744-0163*
- *Cardigan Country Store, 231 Lake St., (603) 744-0303*
- *Aubuchon Hardware, 838 Lake St., (603) 217-2527*
- *O'Reilly Autoparts, 64 Lake St., (603) 744-8100*

Banks

- *Franklin Savings Bank, 350 Lake St. (603) 744-5461*
- *TD Bank, 20 North Main St. (603) 744-4800*
- *ATM for Citizens Bank customers inside Cumberland Farms*

Grocery Stores

- *Hannaford supermarket, 505 Pleasant St. (603) 744-5416*
- *Dollar General, 215 Lake St. (603) 217-2056*

Pharmacies

- *Rite Aid pharmacy, 360 Summer St. (603) 744-2652*
- *CVS pharmacy, 345 Highland St., Plymouth (603) 536-4079*

Auto Repair Services

- *John's Auto Services, 50 Pleasant St. (603) 744-6369*
- *Auto Trends, 215 Lake St. (603) 744-9200*
- *Forrest Howes' Auto Repair, 7 Beech Hill Rd., Plymouth (603) 536-1112*

Health Care

AA and NA meetings and other substance abuse services

- *NH Alcohol and Drug Treatment Locator contact by phone 1-844-711-4357*
- *NH 2-1-1 contact by phone 2-1-1 to seek substance abuse services*
- *NH Alcoholics Anonymous hotline will help you locate local meetings (800) 593-3330*
As of 4/19/18: AA meeting for Bristol located at Bristol Federated Church, 15 Church St., every Tuesday evening 8:00p-9:00p.
- *Granite State Narcotics Anonymous maintains lists of active meetings throughout the state but there may not be any active in city of Franklin but instead nearby. Utilize their website for a search at <http://gsana.org/meeting-list/>.*
- *Chrysalis Recovery offers Impaired Driver Care Management Program to former DUI individuals that are eligible to restore their privileges. There is a site located in Franklin at 20 Canal Street. Contact Chrysalis at (603) 998-4210 for intake.*
- *ROAD to a Better Life, 15 Town West Rd., Plymouth (603) 536-1008*
- *The Plymouth House- 12 step founded rehabilitation program, 446 Main Street, Plymouth (603) 536-5500*
- *Mid-State Health Medication Assisted Treatment (MAT) program is offered at Bristol location, contact (603) 536-4000 extension 8000*

Recovery support

- *Pemi-Valley Outreach operates Peer Support Warmline a free, confidential, on-medical, nonjudgmental peer support service. Trained peer operators answer calls dealing with a wide range of issues including loneliness, sorting out difficult situations, sadness, uncomfortable or intense emotions and social isolation. Warmline is available evenings from 5:00pm to 10:00pm Call 1-800-306-4334*

Community Health Centers

- *Mid-State Health Center offering adult, pediatric and family primary care; behavioral health; dental clinic and other services, 100 Robie Rd., (603) 744-6200*
- *Newfound Family Practice (LRGH affiliated), 5 School St., (603) 744-5441*

Hospitals

- *Speare Memorial Hospital, a critical access hospital located at 16 Hospital Rd., Plymouth. Contact at (603) 536-1120.*
- *Franklin Regional Hospital is located at 15 Aiken Ave. and is a 25-bed critical access hospital affiliated with Lakes Region General Healthcare (LRGH). Contact at (603) 934-2060.*
- *Lakes Region General Hospital is located at 80 Highland St., Laconia and is also affiliated with LRGH. This is a larger 132 -bed acute care facility. Contact at (603) 524-3211.*
- *Concord Hospital is located at 250 Pleasant St., Concord and has an extensive network of providers and services. Contact at (603) 225-2711.*

Lesbian, Gay, Bisexual and Transgender Health Services

- *Mid-State Health Center (federally qualified health center) offers primary healthcare, treatment, prevention and education services regardless of ability to pay or insurance status. Contact at (603) 536-4000 for Plymouth and (603) 744-6200 for Bristol assistance and questions.*
- *Manchester VA Medical Center is committed to providing top quality care to all Veterans, including those who identify as lesbian, gay, bisexual, transgender, and/or questioning (LGBTQ). VAMC recognizes that diverse populations have distinct needs, and staff is trained in culturally and clinically competent care for LGBT Veterans. Open M-F 8a-4:30p, contact at (603) 296-5363 for assistance and questions.*

Mental Health and Counseling Resources

- *Lakes Region Mental Health Center (formally Genesis) is located in Laconia with satellite offices, open M-F 8a-5p with after hour and weekend emergency services available. Contact center for intake at (603) 524-1100. Adult and child behavioral health services are provided.*
- *Mid-State Health Center (federally qualified health center) offers behavioral health services through adult, child & family, and social services with in-house providers and relationships with local behavioral health providers. Contact at (603) 744-6200 for assistance and questions.*

Rehab Hospitals

- *The Plymouth House- 12 step founded rehabilitation program, 446 Main Street, Plymouth (603) 536-5500*

- *Ray House and Webster Place at Farnum North, Franklin is a substance abuse rehabilitation program for men and women 17 years old and up with total 63-bed capacity. Ray House has specific programming designed for military veterans and first responders. Contact at (888) 840-4243 for assistance and questions.*
- *Healthsouth Rehabilitation Hospital, Concord is a specialized healthcare dedicated to improving, maintaining or restoring physical strength, cognition and mobility following an illness, injury, or surgery. Contact at (603) 226-9800.*

Women's health clinics

- *Caring for Women is a clinical department of LRGH and located at Franklin Regional Hospital offering OB/Gyn care and women's health services (such as bone density testing and mammography). Contact at (603) 527-1855 to schedule an appointment.*
- *Haven pregnancy services is located in Plymouth at 81-A Highland St. and offers limited services but confidential and free. Contact at (603) 536-2111.*
- *Equality Health Center is located in Concord at 38 S. Main St. and provides quality, non-judgmental healthcare with expertise in sexual, reproductive, and gender-affirming services. Medical and surgical abortion services provided. Contact at (855) 502-3858.*

Recreation and Leisure

Adult Education Centers

- *Laconia Adult Education at Laconia high school campus offers adult classes with topics such as acupuncture, crafting, photography, and cooking. Contact at (603) 524-5712.*
- *Pemi-Baker Literacy in Plymouth, NH offers Adult Basic Education, English as Second Language, Basic Computer skill and HiSET (formally GED) Test Site; contact at (603) 536-2998*

Concert and stage

- *Concerts in the Park (Seasonal) at Kelley Park, 41 N. Main St., free performances every Thursday evening throughout the summer.*
- *Capitol Center for the Arts is located on Main St. in Concord and offers a variety of productions and events; including a summer series for children. Contact at (603) 225-1111 or see the website at <https://ccanh.com/>*
- *Bank of New Hampshire Pavilion (formerly Meadowbrook) is a 9,000-seat amphitheater not far from Bristol on the shores of beautiful Lake Winnepesaukee*

in Gilford that attracts performing artists from around the world. Contact at (603)293-4700 or see the website at <https://www.banknhpavilion.com/>

Health clubs

- *Newfound Fitness, Yoga, & Wellness, 1639 Summer St., contact at (603) 387-1681 or via e-mail on their website <https://www.newfoundfitnessnh.com/>*
- *Workout 24/7 Center, 17 Town West Rd., Plymouth, contact at (603) 726-6764*
- *Tapply-Thompson Community Center hosts a variety of fitness programs at their 30 N. Main St. location. Contact at (603) 744-2713*

Library

- *Minot Sleeper Library, 35 Pleasant St., M, W, & F 10a-6p; Tu & Th 1p-8p, Sat 10a-2p and Sun closed. Contact at (603) 744-3352*

Movie theatres

- *Smitty's Cinema is located at 630 W. Main St., Tilton and offers a unique experience to dine at tables while enjoying full-length feature films for an average ticket cost of \$9.50. Contact at (603) 286-4444.*
- *BarnZ's Cinema is located at 38 NH-25, Meredith, contact (603) 279-7836*

Museums

- *Bristol, NH does not have any established museums, however, as a library card holder you can access free museum passes to a select number of museums in the state.*

Organized teams and youth activities

- *Local schools sponsor a variety of organized teams and youth activities, speak to the school directly for more information*
- *Plymouth Regional Huskies Football and Cheer is local sports league; contact via their website <http://plymouthregionalhuskies.com/>*
- *Tapply-Thompson Community Center hosts a number of organized team and youth activities, contact at (603) 744-2713 for assistance and questions*
- *Cub Scouts/Boy Scout Troop 59 are a part of the Wannalancit district of the Daniel Webster Council for Scouting. To learn more about local leadership and joining scouts contact the Tapply-Thompson Community Center at (603) 744-2713.*
- *Brownies/Girl Scouts in Bristol are a part of the Girls Scouts of the Green & White Mountains. To learn more about local leadership and joining scouts contact their administrative office at (888) 474-9686.*

Recreation facilities

- *Tapply-Thompson Community Center, 30 N. Main St., hosts a number of recreational programs and activities for adults and youth, contact at (603) 744-2713 for assistance and questions.*
- *Avery-Crouse Beach – Located off of Shore Drive*
- *Cummings Beach – Located off of West Shore Road*
- *Wellington State Park, 614 W. Shore Dr., 204 acre state park featuring swimming area/beach, boating, and hiking. No pets. Admission Adult \$5; Child \$2. Contact at (603) 744-2197 for assistance and questions.*

Senior centers, teen centers

- *Tapply-Thompson Community Center, 30 N. Main St., hosts a number of recreational programs and activities for adults and youth, contact at (603) 744-2713 for assistance and questions.*
- *Franklin Parks & Recreation @ Bessie Rowell Community Center in Franklin is home to the TRIP (Twin Rivers Intergenerational Program) senior center and hosts a number of programs and activities for seniors M-F 8a-2p, contact at (603) 934-4151 for assistance and questions.*

Summer camps

- *Tapply-Thompson Community Center, 30 N. Main St., hosts a number of summer recreational programs and camps for youth, contact at (603) 744-2713 for assistance and questions. (Scholarships available)*
- *Boys & Girls Clubs of Central NH- Franklin offers summer camps for youth, contact (603)410-5184 or see website <http://www.centralnhclubs.org/franklin-camp>*
- *Copper Cannon Camp is a overnight camp in Bethlehem, NH that offers FREE summer camp experiences to eligible NH youth ages 9-15. Contact (603) 823-8107 for assistance and questions.*
- *Plymouth State University plays host to summer day camps for youth each year. Check out the university website for specific details and variety of options <https://campus.plymouth.edu/community-education/children-and-youth-summer-programs/>*

Walking and bike paths

- *Newfound Audubon Center, N. Shore Rd., Hebron (VERY close to Bristol) has sanctuary trails, interactive exhibits, and canoe/kayak rentals and fully operating Memorial Day to Labor Day. Contact (603) 744-3516.*

- *Grey Rocks Conservation area is a 1.5 mile trail system starting at 192 N. Shore Rd., Hebron*
- *Elwell Trail begins at W. Shore Rd., Bristol across from Wellington beach and loops along the shore of the Newfound lake*
- *Slim Baker Conservation area is 135-acre expanse of land on Little Round Top mountain in Bristol*

Safety and Security

Community Crime Watch

- *Bristol operates the Electronic Neighborhood Watch Program is an initiative geared towards reducing crime in the community. Crime alert messages will be sent to participating e-mail recipients. Residents and Businesses will be notified of scam artists, thieves, snow alerts, flood information, and criminal activity specific to their geographical area and/or business type. By being made aware of criminal activity and being willing to look out for another's interests, police and citizens can collectively combat crime in the community.*
- *Bristol Police Department can be reached at (603) 744-6320*
- *Bristol also has traditional Neighborhood Watch program*

Emergency shelters

- *Homeless Outreach Intervention/Prevention workers operate in each county of the state and can be contacted at NH Homeless Hotline at 211 or (866) 444-4211.*

Police, Fire, Ambulance

- *Bristol Police Department (603) 744-6320 or in an emergency 9-1-1*
- *Fire Department – 744-2632 or in an emergency 9-1-1*
- *Ambulance Service – 744-2632 or in an emergency 9-1-1*

City/town office

- *Town Clerk / Tax Collector – Mon, Tue, Thr & Fri: 8am – 4pm; Wed: 8am – 7pm; Contact (603) 744-3354*
- *Welfare Office – Wednesdays: 4:30pm – 7:00pm, Contact (603)744-2522*

Safe Houses – shelter for domestic violence

There is not a domestic violence shelter located in the town of Bristol; the nearest programs are as follows

- *New Beginnings, Laconia contact at (603) 528-6511*
- *Voices Against Violence, Plymouth contact at (603) 536-5999 for services and 24-hour hotline is 1-877-221-6176*
- *Crisis Center of Central NH operates a shelter in Concord and also manages a crisis hotline at (866) 841-6229*

Transportation

Parking

- *Bristol has parking restrictions and penalties that apply to public streets, it is suggested that drivers heed posted parking restrictions*

Public Transportation

- *Senior Transit is available to those 60 years of age and older for transport to senior program on Tuesdays, appointments, or shopping. Lift-equipped mini-bus and volunteer drivers Monday, Tuesday and Wednesday 8:30a to 2:30p. Now offering transportation service to Plymouth on Fridays. Contact (603) 744-8395.*

Taxi

- *R & E Taxi, Franklin, contact (603) 934- 4414*
- *Dave's Taxi, Laconia, contact (603) 455-8087*

Rental cars

- *Enterprise Rent-a-car, Plymouth, contact (603) 536-1080*

Advocacy Organizations

Disability Rights

- *NH Disability Rights Center is located in Concord at 64 N. Main St. and can be reached by contacting (800) 834-1721. NHDRC provides information, referral, advice, and legal representation and advocacy to individuals with disabilities on a wide range of disability-related problems.*

Legal Services

- *Legal Advice & Referral Center (LARC) is a private, nonprofit law firm that provides free legal services to eligible, low-income people anywhere in NH, mainly via telephone. Contact (800) 639-5290 for assistance and questions.*

Veterans Services

- *State Office of Veterans Services assists veterans who are residents of NH or their dependents in securing all benefits or preferences to which they may be entitled under any state or federal laws or regulations. Contact (800) 624-9230 for assistance or questions.*
- *Easter Seals Military & Veterans Services, contact Program Coordinator at vetscount@eastersealsnh.org or (603) 315-4354.*
- *Bridge House in Plymouth, NH veterans support services provides information and referral, emergency shelter, food, job training, transitional living support, and aftercare. Contact (603) 536-7631.*

Housing Consumer Education Center

- *HOMETeam is an independent organization dedicated to providing consumers with objective tools and information that will help them prepare for and protect their biggest investment – their home. Contact HOMETeam via their website at <http://www.hometeamnh.org/contact-us/> and see what upcoming opportunities there are.*



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