



Dear Residents:

We understand that many people are facing challenges with obtaining resources that are needed for daily life. Alliance Asset Management is working with area non-profit and community organizers to ensure that members of our communities have access to resources where they may be experiencing a shortfall during this time of uncertainty. Please refer to CDC Guidance if you have questions regarding COVID-19. Here are the most current resources available if you find that you need help:

TOPIC	CONTACT / ORGANIZATION	PHONE # / EMAIL/WEBSITE
Rockingham & Strafford County NH Services	Community Resource Network Guide	<a href="http://crnnh.org/wp-content/uploads/2020/02/Spring-19-20-full-Compilation-with-index.pdf">http://crnnh.org/wp-content/uploads/2020/02/Spring-19-20-full-Compilation-with-index.pdf</a>
Food Shortage: Strafford County, NH	Strafford County Food Pantries	<a href="https://straffordcap.org/wp-content/uploads/2019/10/Commodity-Food-Sites-of-Strafford-County.pdf">https://straffordcap.org/wp-content/uploads/2019/10/Commodity-Food-Sites-of-Strafford-County.pdf</a>
Food Shortage: Rockingham County	Rockingham County Food Pantries	<a href="https://www.nhfoodbank.org/rockingham">https://www.nhfoodbank.org/rockingham</a>
Food Shortage: York County, ME	Maine.Gov	<a href="https://www.maine.gov/dacf/ard/tefap/York.shtml">https://www.maine.gov/dacf/ard/tefap/York.shtml</a>
Financial (Rent) Assistance – NH ONLY	City Welfare Office	Dover: (603) 516-6500 Lee: (603) 969-8251 Farmington: (603) 755-3100 Rollinsford: (603) 742-2510 Ext: 313 Rye (Via Portsmouth): (603) 610-7267 Exeter: (603) 773-6116
Unemployment Benefits: NEW HAMPSHIRE	New Hampshire Economic Security	<a href="https://www.nhes.nh.gov/services/claimants/file.htm">https://www.nhes.nh.gov/services/claimants/file.htm</a>
Unemployment: MAINE	Maine Department of Labor	<a href="https://www.maine.gov/unemployment/">https://www.maine.gov/unemployment/</a>
<b>Community Action Partnerships:</b>		
Child & Family Services, Employment, Utility Assistance, Food Assistance, Housing Services, etc.		
Rental & General Assistance - NH	Strafford County CAP	<a href="https://straffordcap.org/">https://straffordcap.org/</a> or (603) 435-2500
Rental & General Assistance – NH	Rockingham County CAP	<a href="https://snhs.org">https://snhs.org</a> or (603) 668-8010
York County – ME	York County CAP	<a href="https://yccac.org/our-services/">https://yccac.org/our-services/</a>
You can contact 211 in New Hampshire & Maine ANYTIME for additional resources!		
211 New Hampshire - <a href="http://www.211nh.org/">http://www.211nh.org/</a> - or DIAL 211		
211 Maine - <a href="https://211maine.org/">https://211maine.org/</a> - or DIAL 211		

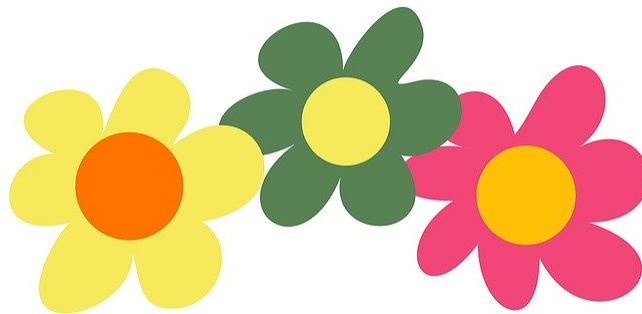
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A few reminders:

- If you have a Section-8 Voucher and are experiencing loss of income, contact your local Housing Authority and notify them. All income changes must be reported in writing; however, special procedures have been put in place to ease with expedited rent changes during this time.
- You may contact 211 in New Hampshire and Maine anytime for additional resources!
- If you have questions regarding Coronavirus (COVID-19) please refer to CDC Guidance: <https://cdc.gov/coronavirus>
- If you have lost income and wish to start the application process for food stamps (SNAP) or cash benefits (TANF) through the Department of Health and Human Services, you may do so at the following locations:
  - New Hampshire: <https://nheasy.nh.gov>
  - Maine: <https://www.maine.gov/dhhs/ofi/>

**We must all work together as neighbors and community members to help each other get through this.**

*Thank You*



*for your Kindness*