



# RESIDENT RESOURCE GUIDE

Please note that this guide is meant to be a starting point for you should you be looking for resources in your area; it does not include all services that exist.

Should you have questions or need further assistance, do not hesitate to contact the Alliance Asset Management Resident Services Coordinator.

PROPERTY: \_\_\_\_\_

MAINTENANCE CONTACT: \_\_\_\_\_

PROPERTY MANAGER CONTACT: \_\_\_\_\_

RESIDENT SERVICES COORDINATOR CONTACT: \_\_\_\_\_

## ***What is the difference between a Resident Services Coordinator and a Property Manager?***



**RSC** assist residents with:

- Making healthy choices
- Maintaining tenancy
- Accessing resources & supports

### **Property Manager**

Maintains the property

Enforces the lease

Responds to resident complaints



## Area agencies and programs

### **Child Care, After-School and Youth Services**

- *Strafford County Community Action of Strafford County NH-Dover, Farmington, Milton, Somersworth and Rochester hosts **Head Start; 3-5 yrs old, and kids “don’t have to be potty trained”**. Part time Center and Home-based options. Inclusive Programs and individual curriculum. School year schedule and meals. 5 days for 4 hours. Locations:*
  - *Dover: 62A Whittier St. (603) 285-9460*
  - *Somersworth:184 Maple St Ext. (603) 817-5458*
  - *Milton: 55 Industrial Dr. (603) 652-0990*
  - *Farmington: 120 Main St. (603) 755-2883*
  - *Rochester: 150 Wakefield St. (603) 285-9461*

*Email: [headstart@straffordcap.org](mailto:headstart@straffordcap.org)*

- *The Farmington Children’s Center located at 120 Main Street, offers high-quality child care for children ages 6 weeks to kindergarten from 6:30 a.m. to 5:30 p.m. The center is open during the summer and school vacations, but it is closed on major holidays. Before and aftercare is available for children attending morning public kindergarten or our Head Start program. Breakfast, lunch and snack are provided depending on program times. To learn more about the center, current openings and rates or to schedule a tour, please call 603-755-2883.*
- *YMCA of Strafford County offers Before and After School programs for children K-8. Before care begins at 7:00a and after care ends at 6:00p. For information regarding payment options, additional programs, financial assistance, and registration, please contact Joe Manzi, Senior Program Director of Youth Development at 603.994.4114 or email [jmanzi@graniteymca.org](mailto:jmanzi@graniteymca.org).*
- *The Family Center at Community Partners offers comprehensive support to families who receive services through any of our programs by coordinating workshops, training events, information and referral. We also offer the community increased opportunities for diagnostic evaluations and outpatient therapy. For more information, please contact Family Supports Director Deirdre Watson at 603-516-9300.*
- *Child Care Aware of NH- Registry of licensed child care facilities in the state 1-855-393-1731*

## **English as a Second Language**

*Classes to improve speaking, listening, reading, and writing of English for people whose first language is not English*

- *Dover Adult Learning Center of Strafford County, call Deanna Strand at (603) 742-1030 or e-mail [director@dalc-online.org](mailto:director@dalc-online.org)*

## **Financial Services – how to budget and maintain a bank account; credit**

### **Services; taxes and financial planning; money managers; rep payees**

- *HOMETeam is a collaborative program of NeighborWorks of Southern NH, Concord Area Trust for Community Housing, and Laconia Area Land Trust that hosts a year-round calendar of education opportunities regarding finances. Best to reach via their website at <http://www.hometeamnh.org/contact-us/>.*
- *Many local banks, such as People's United and Federal Savings Bank offer homebuyer education, finance management, and small business start-up education options. Contact an area location for more information.*
- *GreenPath Debt Solutions offers financial wellness assistance and debt counseling solutions by phone and in-person at Dover office. Call (603) 749-1496.*
- *Representative Payee budgets client's money and disburses the funds to pay for current living needs including housing, utilities, food, medical expenses, personal care and clothing. Any funds left over after meeting the client's current needs are kept in an interest-bearing account for future needs. A "rep payee" can be self-selected by an individual or services can be arranged with an agency.*

*Contact Behavioral Health & Developmental Services of Strafford County, Inc.*

*Forum Court 113 Crosby Road, Suite 1, Dover, or call (603) 749-4015 for guidance.*

## **Higher education and GED**

- *Dover Adult Learning Center of Strafford County, call Deanna Strand at (603) 742-1030 or e-mail [director@dalc-online.org](mailto:director@dalc-online.org)*

## **Independent Living services and home care**

- *Community Partners offers developmental and self-directed services to assist people living with disabilities. Contact (603) 516-9300 for assistance and questions.*

- *Granite State Independent Living is a nonprofit promoting life with independence for seniors and people with disabilities through Home Care, Disability Services and Employment Services. Contact (800) 826-3700 for assistance and questions.*
- *Home Care Association of NH offers individuals information about home health options and resources to connect them to home care agencies in their communities. Contact (800) 639-1949 for assistance and questions.*

### **Social security administration**

- *The nearest SSA office to Dover is Portsmouth Social Security Administration office located at 80 Daniel Street, Suite 210a Portsmouth and hours vary. Contact 1-888-397-9796 for information.*

### **Visiting nurse**

- *Cornerstone VNA is a non-profit organization providing home, health and hospice care to people of all ages living within thirty-five communities in Rockingham, Strafford, Belknap and Carroll Counties in NH York County in ME. Contact (800)691-1133 for assistance and questions*
- *The Homemakers Health Services is a full service, charitable health care agency which provides compassionate, professional, comprehensive and cost effective visiting nurses, behavioral health, physical, occupational and speech therapies, home health, home support, adult medical day care services and community wellness programs to adults throughout Strafford county. Contact (603) 335-1770 for assistance and questions.*

### **WIC program**

- *Apply for Women, Infants, and Children program at Strafford County WIC program located within Goodwin Community Health Center, 311 Rt. 108, Somersworth. Office hours M-F 8:00a-5:00p, phone (603) 332-4358.*

### **Civic and Religious organizations in your community**

#### **Churches, synagogues, temples, congregations**

- *First Parish Congregational Church, 218 Central Ave., Dover (603) 742-5664*
- *Community Baptist Church, 136 Eastern Ave., Rochester (603) 332-6959*
- *Next Level Church, 436 Rt. 108, Somersworth (603) 841-5781*
- *Parish of the Assumption (St. Joseph) Catholic Church, 150 Central Ave., Dover (603) 742-4837*
- *Kingdom Hall of Jehovah's Witnesses, 77 Long Hill Rd., Dover (603) 749-1382*

- *Temple Israel, 36 Olive Meadow, Dover (603) 742-3976*
- *Islamic Society of Seacoast area, 42 Dover Point Rd. #42N, Dover (603) 750-4060*

### **Community Development Corporations and civic associations**

- *Strafford Economic Development Corporation is an independent, non-profit corporation based in Dover providing financial and technical assistance for businesses in areas of southeastern NH. Support projects that create new or secure existing local jobs. We serve as a central point of contact for connecting businesses with municipal, state and federal agencies, other non-profits, banks and investors. Contact (603) 749-2211 for assistance and questions.*
- *Loyal Order of Moose, Dover (603) 742-9792*
- *Dover Area Lions Club (603) 812-6697*
- *Rochester Elks Lodge #1393 (603) 332-9700*
- *Humane Masonic Lodge #21, Rochester (603) 332-3503*
- *Moses Paul Masonic Lodge #96, Dover (603) 742-1167*
- *ONE Voice for Strafford County- substance abuse coalition (603) 516-2562*

### **Community organizations, such as New American Africans, that serve particular**

#### **Linguistic, racial or ethnic minorities**

- *Catholic Charities of NH operates NH Immigration & Refugee Services (you do not need to be Catholic) welcomes newcomers and provides casework, support and guidance for various immigration-related issues. Contact (603) 889-9431 for assistance and questions.*
- *Ascentria care alliance offers the Services for New Americans programming out of their Concord NH office and they can be contacted (603) 224-3011.*

### **Merchants and Vendors**

#### **Area shopping**

- *Aubuchon Hardware, Washington St. Dover (603)742-2054*
- *Ear Craft music, Central Ave. Dover (603) 749-3138*
- *Janeto's Market, Main St. Dover (603) 742-9721*
- *Fisher Auto Parts, Main St. Dover (603) 742-8880*
- *Dollar Tree, High St. Somersworth (603) 749-6270*
- *Family Dollar, Milton Rd. Rochester (603) 509-2087*
- *Lilac Mall, Milton Rd. Rochester (603) 332-9234*

- *Walmart, Farmington Rd. Rochester (603) 332-4300*
- *Walmart, Waltons Way, Somersworth (603) 692-6346*

### **Banks**

- *Citizens Bank, Washington St. Dover (603) 740-4700*
- *Federal Savings Bank, Central Ave. Dover (603) 742-4680*
- *People's United Bank, Central Ave. Dover (603) 749-2150*
- *Northeast Credit Union, Members Way, Dover (888) 436-1847*
- *TD Bank, Dover Rd. Rochester (603) 335-3300*
- *Bank of America, S. Main St. Rochester (603) 332-6001*

### **Grocery Stores**

- *Hannaford supermarket, Central Ave. Dover (603) 749-9232*
- *Hannaford supermarket, N. Main St. Rochester (603) 332-9580*
- *Shaw's supermarket, Central Ave. Dover (603) 749-5389*
- *Market Basket, TriCity Rd. Somersworth (603) 742-8937*

### **Pharmacies**

- *CVS pharmacy, Central Ave. Dover (603) 742-3995*
- *Rite Aid pharmacy, Central Ave. Dover (603) 742-5313*
- *Walgreens, S. Main St. Rochester (603) 332-9360*

### **Auto Repair Services**

- *Monro Muffler Brake & Service, Waltons Way Somersworth (603) 740-9477*
- *Dupont's Service Center, Sumner Dr. Dover (603) 742-8627*
- *Final Finish Collision Center, Dover Point Rd. Dover (603) 609-1926*
- *Sullivan Tire & Auto, Central Ave. Dover (603) 742-5054*
- *Midas, Milton Rd. Rochester (603) 335-2110*
- *Doug's Towing & Auto Repair, Walnut St. Rochester (603) 332-7195*

### **Health Care**

#### **AA and NA meetings and other substance abuse services**

- *NH Alcohol and Drug Treatment Locator contact by phone 1-844-711-4357*
- *NH 2-1-1 contact by phone 2-1-1 to seek substance abuse services*

- *NH Alcoholics Anonymous hotline will help you locate local meetings (800) 593-3330; As of 2/7/18: Variety of AA meetings at Triangle Club, 120 Broadway, Dover and step meeting at SoS Recovery, 4 Broadway, Dover.*
- *Granite State Narcotics Anonymous maintains lists of active meetings throughout the state but there may not be any active in city of Dover but instead nearby. Utilize their website for a search at <http://gsana.org/meeting-list/>.*
- *Triangle Club, addiction treatment, 120 Broadway, Dover (603) 742-9803*
- *Great Bay Mental Health Addiction Treatment, partner of Wentworth-Douglass hospital. Contact (603) 742-9200 for questions.*
- *Rochester Community Recovery Center, affiliate of Frisbee Memorial Hospital at 48 N. Main St. Rochester, contact (603) 948-1153 for questions. Live Free Recovery program is also housed at this location.*
- *Southeastern NH Drug & Alcohol Abuse Services, 272 County Farm Rd. Dover (603) 516-8160*

### **Recovery centers**

- *SoS Recovery Community Organization with locations in Dover & Rochester operates to reduce stigma and harm associated with substance misuse by providing safe space and peer-based supports for people in all stages of recovery. 4 Broadway, Dover and 63 S. Main St. Rochester (603) 841-2350*

### **Community Health Centers**

- *Goodwin Community Health Center (federally qualified health center) located in Somersworth offers primary healthcare, treatment, prevention and education services regardless of ability to pay or insurance status. Contact at (603)749-2346 for assistance and questions.*

### **Hospitals**

- *Wentworth Douglass Hospital is located at 789 Central Ave Dover and is a 178-bed critical access hospital affiliated with Massachusetts General Hospital family and Partners HealthCare System. Walk-in care also on-site. Contact at (603) 742-5252.*
- *Frisbee Memorial Hospital is located at 11 Whitehall Rd. Rochester. This is a 84-bed short term acute care facility. Walk-in care also on-site. Contact at (603) 332-5211.*



## **Lesbian, Gay, Bisexual and Transgender Health Services**

- *Goodwin Community Health Center (federally qualified health center) located in Somersworth offers primary healthcare, treatment, prevention and education services regardless of ability to pay or insurance status. Contact at (603)749-2346 for assistance and questions.*
- *Manchester VA Medical Center is committed to providing top quality care to all Veterans, including those who identify as lesbian, gay, bisexual, transgender, and/or questioning (LGBTQ). VAMC recognizes that diverse populations have distinct needs, and staff is trained in culturally and clinically competent care for LGBT Veterans. Open M-F 8a-4:30p, contact at (603) 296-5363 for assistance and questions.*

## **Mental Health and Counseling Resources**

- *Community Partners is the Community Mental Health Center for Strafford County and offers comprehensive mental health care, individualized services for persons with a developmental disability, or family education and support services. Contact at (603) 516-9300 for assistance and questions.*
- *Goodwin Community Health Center (federally qualified health center) located in Somersworth offers primary healthcare, treatment, prevention and education services regardless of ability to pay or insurance status. Contact at (603)749-2346 for assistance and questions.*
- *Great Bay Mental Health at Wentworth Douglass hospital consists of a psychiatric nurse practitioner along with licensed clinical social workers, mental health counselors and marriage and family therapists to provide treatment, counseling and support for many concerns. Contact at (603) 742-9200*
- *Transgender Outreach (Open to Trans/NB & Friends/Family/Allies) support group 2nd Saturday of every month, 7:00 - 9:00pm at First Church Congregational 63 South Main Street, Rochester*

## **Rehab Hospitals**

- *Dover Center for Health & Rehabilitation offers comprehensive array of specialized services and programs including clinical care, physical, occupational and speech therapies, in addition to social services and recreational therapies. Contact at (603) 742-2676.*
- *Hope on Haven Hill is a level 3.5 licensed Residential Recovery Facility for pregnant women with substance use disorder, and their babies, for up to one year postpartum. Children up to the age of 5 are welcome as well. Contact (603) 841-5353.*

- *Southeastern NH Alcohol & Drug Abuse Services, 272 County Farm Road Dover. Substance abuse treatment services, clinically managed 6-week residential treatment services, detoxification assistance/referral available, Sliding fee scale; payment assistance available. Contact (603) 749-3981.*

### **Women's health clinics**

- *Dover Women's Health offers OB/Gyn care, menopause management, incontinence, and other therapeutic lifestyle care on Central Ave. in Dover. Contact (603) 742-2424.*
- *Options is a faith-based, non-profit pregnancy and sexual health resource center and clinic located in Dover. Contact (603) 749-4441.*
- *Equality Health Center is located in Concord at 38 S. Main St. and provides quality, non-judgmental healthcare with expertise in sexual, reproductive, and gender-affirming services. Medical and surgical abortion services provided. Contact at (855) 502-3858.*

### **Recreation and Leisure**

#### **Adult Education Centers**

- *Dover Adult Learning Center of Strafford County, call Deanna Strand at (603) 742-1030 or e-mail [director@dalc-online.org](mailto:director@dalc-online.org). Ask about Rochester location details that are also available.*

#### **Concert and stage**

- *The Rochester Opera House, a not-for-profit organization, presents an annual performance season of shows for adults, families, students, and teens. Call (603) 335-1992 or go online at <http://www.rochesteroperahouse.com> for information.*
- *Great Dover Chamber of Commerce hosts annual Cochecho Arts Festival including music, theatre and more at various venues in the city. Go online at <https://www.dovernh.org/cochecho-arts-festival> for more information.*
- *Garrison Plays Arts Center is located in nearby Rollinsford offering a variety of live performances throughout the year. Call (603) 516-4949 or go online <http://www.garrisonplayers.org/> for more information.*

## Health clubs

- *Planet Fitness, 898 Central Ave. Dover (603) 743-4653*
- *Southside Fitness, 275 Locust St. Dover (603) 343-2137*
- *The Works is a multipurpose health club owned by Wentworth-Douglass Hospital, located at 23 Works Way, Somersworth. Contact (603) 742-2163*
- *Building Blocks Fitness; Weight Loss, Strength & Toning, Athletic Training or just General Fitness, 25 Old Dover Rd. Rochester (603) 817-9955*

## Library

- *Dover Public Library is located at 73 Locust St. Dover. Open M-W 9a-8:30p; Thr-F 9a-5:30p; Sat 9a-5p; and Sun 1p-5p. Contact (603) 516-6050 for main desk.*
- *Rochester Public Library is located at 65 S. Main St. Rochester. Open M-Thr 9a-8:30p; Fri 9a-5p; and Sat 9a-4p (Labor Day through Memorial Day); Closed Sunday Contact (603) 332-1428 for main desk.*

## Movie theatres

- *BarnZ's Barrington Cinema is located nearby at 586 Calef Hgwy. Barrington and offers 6 cozy cinema screens playing new releases. Contact at (603)664-5671.*
- *Regal Cinema at the Crossings at 45 Gosling Rd. Newington. For showtimes call (844) 462-7342.*

## Museums

*Note that as a library card holder you can access free museum passes to a select number of museums in the state.*

- *Woodman Museum is located at 182 Central Ave. Dover. They are closed during winter months. Contact (603) 742-1038 or online <http://woodmanmuseum.org/>.*
- *Children's Museum of NH is located at 6 Washington St. Dover. Contact (603) 742-2002 or online <https://www.childrens-museum.org/>.*
- *Rochester Museum of Fine Arts is located at 150 Wakefield St. Rochester (also the Rochester Community Center). Open M-F 8a-5:30p. Details online at <http://www.rochestermfa.org/>.*

## Organized teams and youth activities

- *Local schools sponsor a variety of organized teams and youth activities, speak to the school directly for more information*
- *Seacoast Titans football & cheer hosted in Dover. To learn more contact online using their contact form <https://www.leaguelineup.com/welcome.asp?url=seacoasttitans>*

- *Rochester Youth Football League & Cheer hosted in Rochester. To learn more contact online using their contact form <http://www.rochesteryouthfootball.com/news.php>*
- *Cub Scouts Pack #173 Dover maintains a Facebook page to connect with leadership and Boy Scouts Troop #168 Dover, contact Doug Dawley (603) 742-2394.*
- *Cub Scouts Pack #186 Rochester and Boy Scouts Troop #357 both maintain Facebook pages to connect with leadership if interested.*
- *Dover and Rochester Brownies/Girls Scouts are a part of the Girls Scouts of the Green & White Mountains. To learn more about local leadership and joining scouts contact their administrative office at (888) 474-9686.*
- *Both Dover and Rochester Parks and Recreation host leagues and activities for youth and adults (see contact info below)*

### **Recreation facilities**

- *Dover Parks & Recreation hosts a number of recreational programs and activities for adults and youth from McConnell Center, which includes the Dover Community Senior Center, the Dover Indoor Pool, the Jenny Thompson Outdoor Pool, and the Dover Ice Arena as well as various outdoor facilities and parks throughout the City. Main office is located at 61 Locust St., contact (603) 516-6401.*
- *Rochester Recreation & Arena hosts a number of recreational programs and activities for adults and youth at their various facilities. Main office is located at 150 Wakefield St., contact (603) 332-4120.*

### **Senior centers, teen centers**

- *Dover Community Senior Center is part of Dover Recreation for adults 50+ years of age and is located at 61 Locust Street. Park in the Dover Public Library/McConnell Center parking lot and enter Door # 1 of the McConnell Center! Open M-F 9a-3p. Contact (603) 516-6436.*
- *Rochester Area Senior Citizens, senior center operates in Suite #1 at 150 Wakefield St. Rochester, contact (603) 332-7845.*
- *Dover Teen Center Music, games, sports, and friendship! Located at 30 St. Thomas St. Contact office at (603) 516-8336 and cell at (603) 817-0171 more information.*
- *Rochester Community Center hosts Teen-centered events but there is not an exclusive Teen Center site.*

### **Summer camps**

- *Dover Parks & Recreation hosts summer programs and activities for adults and youth from McConnell Center, which includes the Dover Community Senior Center, the Dover Indoor Pool, the Jenny Thompson Outdoor Pool, and the Dover Ice Arena*

*as well as various outdoor facilities and parks throughout the City. Main office is located at 61 Locust St., contact (603) 516-6401.*

- *Rochester Recreation & Arena hosts summer recreational programs and activities for adults and youth at their various facilities. Main office is located at 150 Wakefield St., contact (603) 332-4120.*
- *Zebra Crossings offers summer programming for youth with chronic medical conditions in Dover. Contact (603) 312-2052.*
- *YMCA of Strafford County is located at 35 Industrial Way #106 Rochester and offers summer programming for youth. Contact (603) 332-7334.*
- *Camp Fireside is both an overnight and day camp in nearby Barrington, NH for youth grades 1-8. Contact (603) 332-1701.*
- *Copper Cannon Camp is an overnight camp in Bethlehem, NH that offers FREE summer camp experiences to eligible NH youth ages 9-15. Contact (603) 823-8107 for assistance and questions.*

### **Walking and bike paths**

- *Dover Community Trail stretches from Fisher Street to Watson Road for walking/biking. Trail map available online at <https://www.traillink.com/trail-maps/dover-community-trail/>.*
- *Bellamy River Wildlife Management area on Old Garrison Rd. Dover. Trails for hiking, cross-country skiing and wildlife watching.*
- *Gonic Trails located at 103 Rochester Neck Rd. Rochester is a 1.2 mile trail loop.*
- *Farmington Recreation Rail Trail located from SR 125 at Chestnut Hill Rd. (Rochester) and SR 11 nr. former rubber plant (Farmington) is a 6 mile walking/biking trail.*

### **Safety and Security**

#### **Community Crime Watch**

- *Dover Crimeline enables the Dover Police Department and community to work together in making a geographical area of the City resistant to crime. The program is citizen-based, and community involvement helps to prevent crime. Contact (603) 749-6000 or report online at [www.dovernhcrimeline.org](http://www.dovernhcrimeline.org).*
- *Rochester Crimeline telephone is manned on a 24-hour basis. Let us know what's going on in your neighborhood. You may arrange to meet with a member of the Rochester Police Department, and talk about your thoughts, concerns and crimes that may be going on in your neighborhood. Contact (603) 335-6500 or report online at <http://www.rochesterpd.org/crimeline/>.*

- *Dover Police Department is located at 46 Chestnut Street, non-emergency, business contact (603) 742-4646 and 9-1-1 for emergencies.*
- *Rochester Department is located at 23 Wakefield St., non-emergency, business contact (603) 330-7127 and 9-1-1 for emergencies.*

### **Emergency shelters**

- *Homeless Outreach Intervention/Prevention workers operate in each county of the state and can be contacted at NH Homeless Hotline at 211 or (866) 444-4211.*

### **Police, Fire, Ambulance**

- *Dover Police Department (603) 742-4646 or 9-1-1 for emergencies*
- *Dover Fire Department/Rescue & EMS (603) 516-6150 or 9-1-1 for emergencies*
- *Rochester Police Department (603) 330-7127 or 9-1-1 for emergencies*
- *Rochester Fire Department (603) 335-7545 or 9-1-1 for emergencies*

### **City/town office**

- *Dover city clerk office (603) 516-6018*
- *Dover city welfare office (603) 516-6500*
- *Rochester city clerk office (603) 332-2130*
- *Rochester city welfare office (603) 332-3505*

### **Safe Houses – shelter for domestic violence**

*There are not domestic violence shelters located in the city of Dover or Rochester; the nearest programs are as follows*

- *HAVEN, short-term emergency shelter helps to provide women and their children with a safe and supportive environment to heal from abuse and to rebuild their lives. Contact at (603) 994-SAFE [7233]*
- *Crisis Center of Central NH operates a shelter in Concord and also manages a crisis hotline at (866) 841-6229*

### **Transportation**

#### **Parking**

- *Dover and Rochester have parking restrictions and penalties that apply to public streets, it is suggested that drivers heed posted parking restrictions*

- *Orchard Street in Dover has a parking garage for public metered parking*

## **Public Transportation**

- *Cooperative Alliance for Seacoast Transportation (COAST) bus transit is available to Dover, Rochester, and surrounding communities. Fares range from \$1.50 to \$7.00 depending on the route selection. Contact (603) 743-5777 or online at <http://www.coastbus.org/>.*
- *Strafford County Senior Transit bus provides door-to-door, demand response transportation to anyone age 60 and over, and the suggested fare donation is \$2 per roundtrip. Rides to grocery stores, shopping malls and discount shops. Contact (603)817-8207 for information and learn how to schedule a ride.*

## **Taxi**

- *Great Bay Taxi, Dover, contact (603) 742-5000*
- *Frank's Taxi, Rochester, contact (603) 335-7433*
- *Atlantic Taxi (seacoast), contact (603) 833-9710*

## **Rental cars**

- *Enterprise Rent-a-car, Somersworth, contact (603) 834-6451*
- *Enterprise Rent-a-car, Rochester, contact (603) 332-5667*

## **Advocacy Organizations**

### **Disability Rights**

- *NH Disability Rights Center is located in Concord at 64 N. Main St. and can be reached by contacting (800) 834-1721. NHDRRC provides information, referral, advice, and legal representation and advocacy to individuals with disabilities on a wide range of disability-related problems.*

### **Legal Services**

- *Legal Advice & Referral Center (LARC) is a private, nonprofit law firm that provides free legal services to eligible, low-income people anywhere in NH, mainly via telephone. Contact (800) 639-5290 for assistance and questions.*

- *Strafford County Child Advocacy Center provides justice and healing to children who are either suspected or confirmed victims of child abuse.  
Contact (603) 516-8100*

### **Veterans Services**

- *State Office of Veterans Services assists veterans who are residents of NH or their dependents in securing all benefits or preferences to which they may be entitled under any state or federal laws or regulations. Contact (800) 624-9230 for assistance or questions.*
- *Easter Seals Military & Veterans Services, contact Chrystn Keeley, Ed. S., Manager of Intake and Outreach, ckeeley@eastersealsnh.org or (603) 315-4354.*

### **Housing Consumer Education Center**

- *HOMETeam is an independent organization dedicated to providing consumers with objective tools and information that will help them prepare for and protect their biggest investment – their home. Contact HOMETeam via their website at <http://www.hometeamnh.org/contact-us/> and see what upcoming opportunities there are.*